

INVITATIOUN



ZESUMME FIT



FREE!

19.9.2026

10:30 - 14:30

SPORT-CAMPUS ZU LËNTGEN

50 RUE DE LA GARE, 7448 LINTGEN



**VARIOUS SPORT ACTIVITIES
FOR EVERYBODY**



FOOD & DRINKS AVAILABLE



**ORGANISATION:
SPORT-A JUGENDKOMMISSION**

GET MOVING AND JOIN IN!

TABLE TENNIS

DT MINERVA LÜNTGEN

PÉTANQUE

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KARATE

KARATÉ CLUB LÜNTGEN

DARTS

DC BULL HUNTERS LÜNTGEN

HIKING

UELZECHT TRAMPS LÜNTGEN

YOUTH CENTER

JUGENDHAUS AN DER SONN

FOOTBALL

FC MINERVA LÜNTGEN

BOW24

INCLUSIVE SPORTS

CORNHOLE

CORNHOLE FRÖNN

BADMINTON

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 **GOAL: TO INTEGRATE MOVEMENT INTO LIFE – FROM AN EARLY AGE.**

FOR YOUNG



AND OLD

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WHY SPORTS MATTER

💡 MOVEMENT IS MORE THAN JUST SPORTS!

CHILDREN DISCOVER THE WORLD THROUGH MOVEMENT - AND GROW PHYSICALLY, MENTALLY, AND SOCIALLY



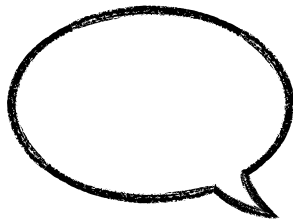
STRENGTHENS THE BODY AND BOOSTS SELF-CONFIDENCE.



MOVEMENT IS A NATURAL FORM OF LEARNING AND WELL-BEING!



LEARNS TEAMWORK, COMMUNICATION, AND RESPECT

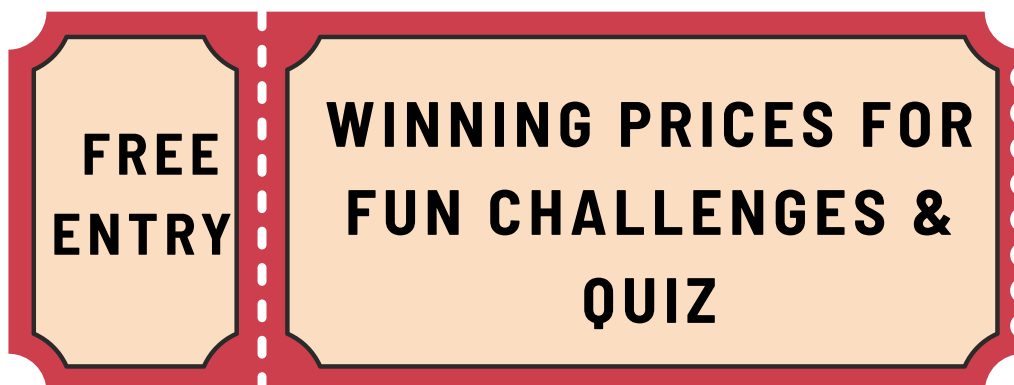


PROMOTES LANGUAGE, CONCENTRATION, AND COGNITIVE DEVELOPMENT.



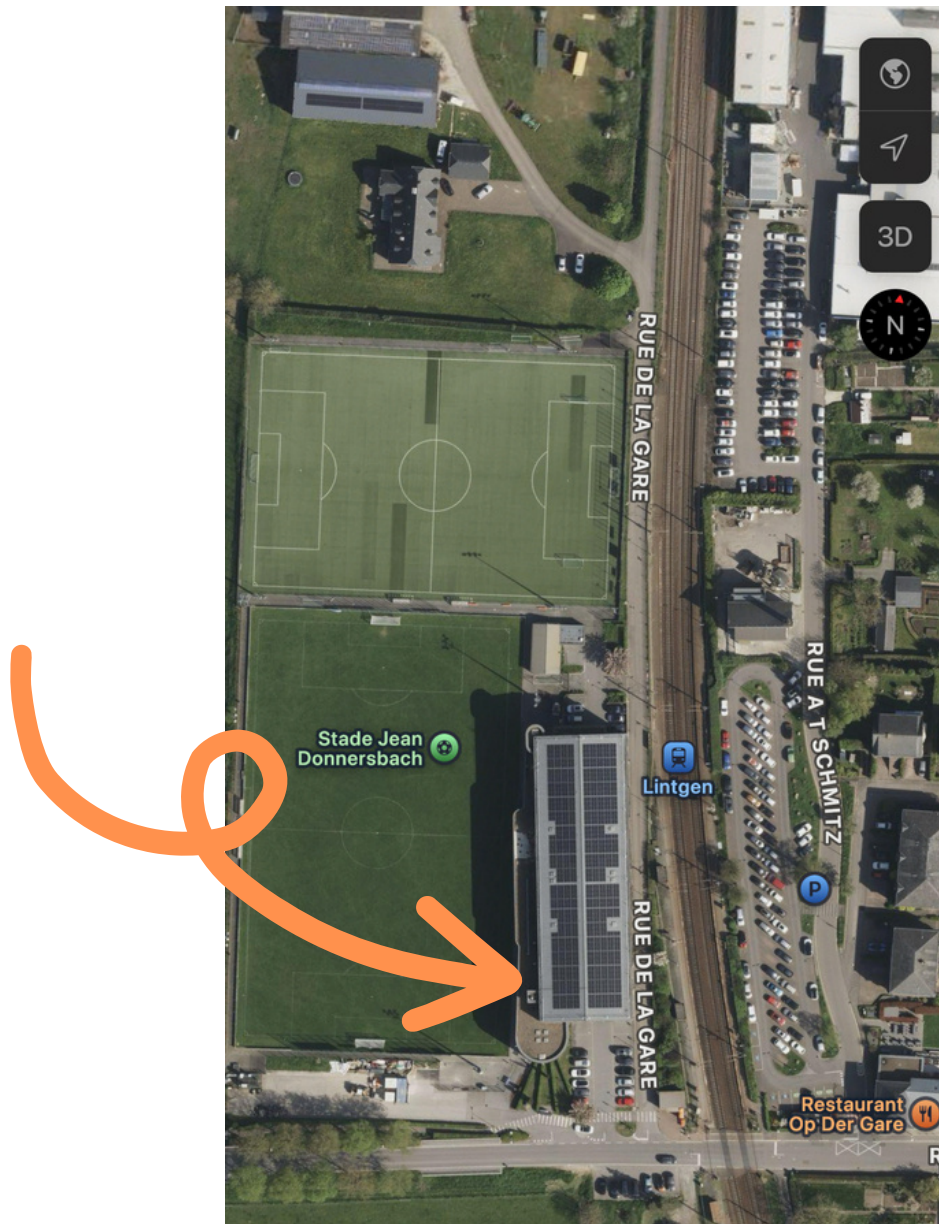
CHILDREN GET TO KNOW THEMSELVES THROUGH PLAYING, RUNNING AND JUMPING

SOURCE: MINISTRY OF SPORTS - "MANUAL FOR PROMOTING PHYSICAL ACTIVITY IN CHILDREN AGED 0-12 YEARS"



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THANK YOU FOR YOUR VISIT!



**D'SPORT- A JUGENDKOMMISSION VUN DER GEMENG
LËNTGEN SEET IECH MERCI FIR ÄRE BESUCH!**



Commune de
Lintgen



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